My name is Vanessa Buck and I am an Assistant Manager at KFC/Taco Bell in Fredonia. I recently endured a Brachial Plexus injury while walking my dog on his leash. My shoulder was forced down which caused damage to the upper nerves that make up the brachial plexus, and my neck stretched up and away from my shoulder. The lower nerves were also injured because my arm was forced above my head when I fell.

Due to my injury, I felt paralyzed. I was taken out of work by my primary care physician for a week. It was extremely difficult for me to sleep, sit, stand, drive my car, shower etc. I was prescribed a steroid, as well as a muscle relaxer, but I was still in constant, unbearable pain. I was also prescribed Occupational Therapy. After six days on the medication, and one visit at the Occupational Therapist, I was still completely miserable.

I saw Dr. Mierzwa in passing a week later. I had stopped at her clinic to pay my bill, and she could tell something was wrong. I explained my situation to her and she told me that she wanted to try her Theralase treatment on me. Theralase is a cold laser treatment that can be used on humans, as well as animals. Theralase capabilities include healing neural muscular skeletal conditions through pain elimination and inflammation reduction and increased tissue regeneration. Theralase lasers penetrate up to 10 cm below the skin surface, and heal tissue faster than any other cold laser on the market.

My primary care physician told me that it could take up to seven weeks for me to begin healing from my injury. After only three Theralase treatments, I felt an incredible amount of relief. I was back to work earlier than anticipated, I did not finish my prescribed steroid or muscle relaxer, and I did not return to Occupational Therapy. After seven treatments, I was 100% better. I have not had any neck or shoulder pain since my last treatment. I would highly recommend trying Theralase treatments from Dr. Mierzwa!